

ASHRAM i

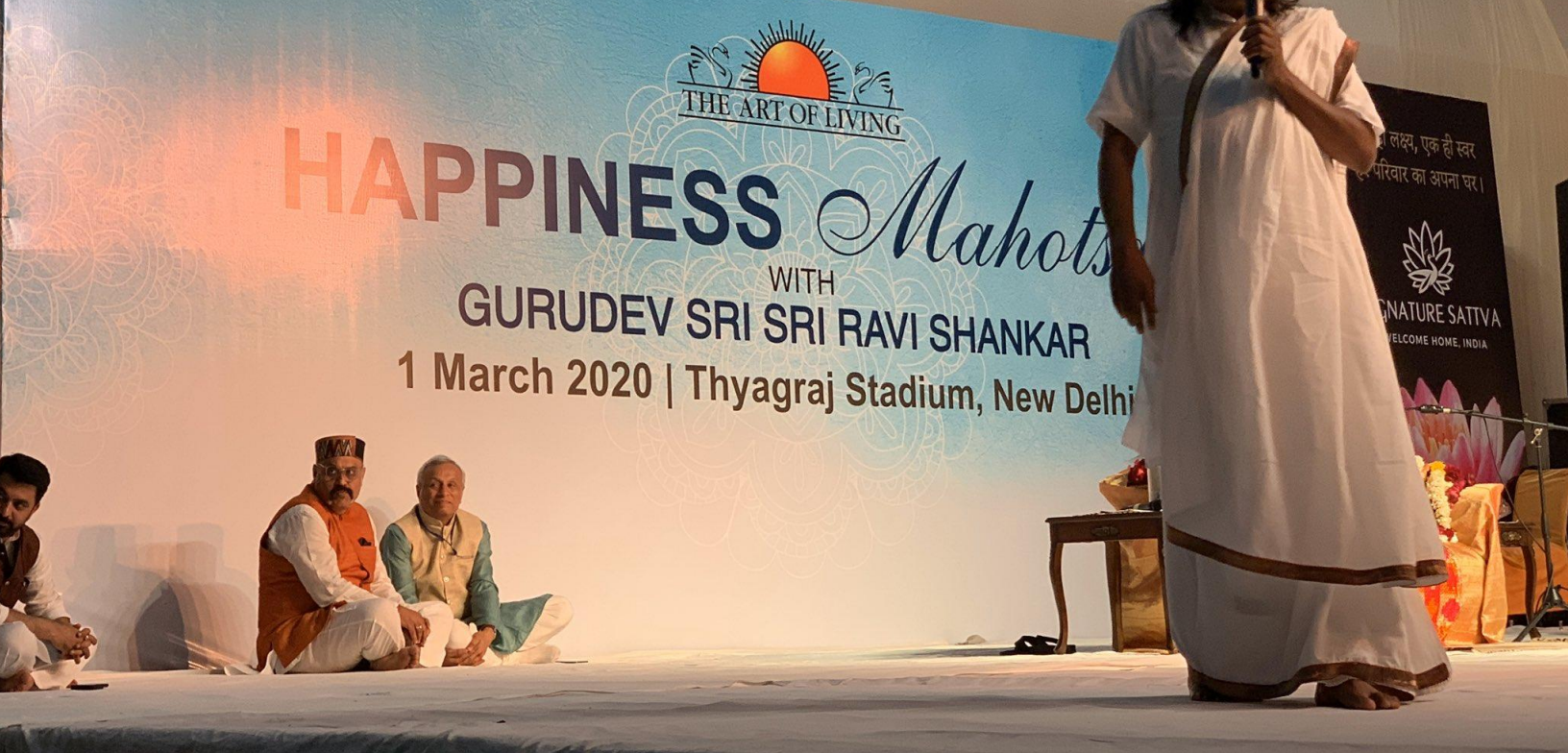
APRIL 2020



GURUDEV IN NEW DELHI

On 1st March, 2020 Happiness program culminated in Delhi. Over 14000 people experienced life transforming Sudarshan Kriya during Happiness Mahotsav in Delhi. Culmination happened in the presence of Gurudev SriSri Ravishankar ji. Everyone got inspired to spread positivity in the society.

Anandotsav at New Delhi



3/3/2020

Gurudev visited the riot hit areas at North East Delhi.

Gurudev's tweet for this:

Visited the riot hit localities of North East Delhi. There is a lot of belongingness between the communities. There were many incidents of people from both communities helping each other inspite of a lot of trauma, fear & apprehension.

#DelhiViolence

<https://twitter.com/SriSri/status/1234441680817799168>





Gurudev met the ambassadors from 30 different countries at Embassy of Belgium, in New Delhi on 3 March,2020.



Gurudev at Rishikesh

Land of Rishikesh was blessed to have Gurudev on 3 March,2020. He addressed the International Yoga Festival there.



Gurudev at Ahemadabaad,Gujarat

Gurudev laid a foundation stone for world's tallest temple at Ahmadabad,Gujarat on 2 March,2020. Chief minister of Gujarat along with many saints were present for the inauguration.



Gurudev at Sri Sri University, Cuttack, Odisha

On 5 March 2020, Gurudev was in Sri Sri University. A satsang was live telecasted from Sri Sri University in presence of Gurudev.

<https://www.youtube.com/watch?v=Uxhw3Nx07bE>



Guru and Shishya parampara is always one on one, being with the [#Guru](#) is spontaneous integration of Life and Wisdom...Jai Gurudev!

[@SriSri](#) [#LifeatSSU](#) [#SriSriAtSSU](#)

GURUDEV AT BANGALORE ASHRAM

Evening satsang with Gurudev was live telecasted across the world on 12 March, 2020 7pm IST from Bangalore ashram.

<https://www.youtube.com/watch?v=cBMk6kceFs4>

Bliss was in the air. Satsang with Gurudev at Bangalore ashram .

<https://twitter.com/i/status/1237776082180374529>

13 March 2020: Again it was a soul treat for everyone across world as the satsang with Gurudev was live webcasted across the world .

<https://www.youtube.com/watch?v=-UPFxUXzgOA>

14 March 2020: People were showered in soulful bhajans and knowledge by Gurudev Sri Sri Ravishankar at Bangalore ashram in a satsang 14 March, 2020 7pm IST. The satsang was a live webcast for devotees across world.

<https://www.youtube.com/watch?v=9sI4LQ-3Afs>

15 March 2020: It was a blissful satsang to be with Gurudev ,in His presence at Bangalore ashram. The satsang was a webcasted live for people across world on 15 March 2020 ,7pm IST.

<https://www.youtube.com/watch?v=tEBS4eXhOC4>

"Ask me anything" a live event on instagram with Gurudev Sri Sri Ravishankar Ji. To get the answers of the questions Gurudev's live event was scheduled at 7pm IST on 20 March ,2020.

<https://www.instagram.com/srisriravishankar/>



2020-03-21

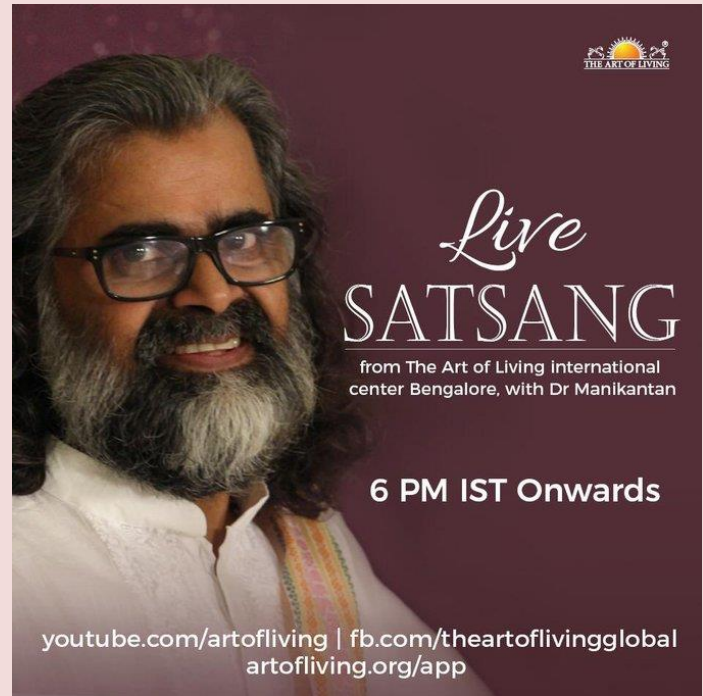
" Shiv Sutras " a live commentary on the shiv sutras by Gurudev Sri Sri Ravi Shankar Ji.

https://live.artofliving.org/?utm_source=twitter&utm_medium=social&utm_campaign=shivasutras&utm_content=march2020_D19W03

EVENTS AT BANGALORE ASHRAM



On 8 March, 2020. Bangalore ashram witnessed a food festival where various food items were for sell, an event organized by resident ashram sevaks. It was open for ashram visitors as well.



Live satsang started telecasting from Bangalore ashram amidst the lockdown period

CELEBRATIONS



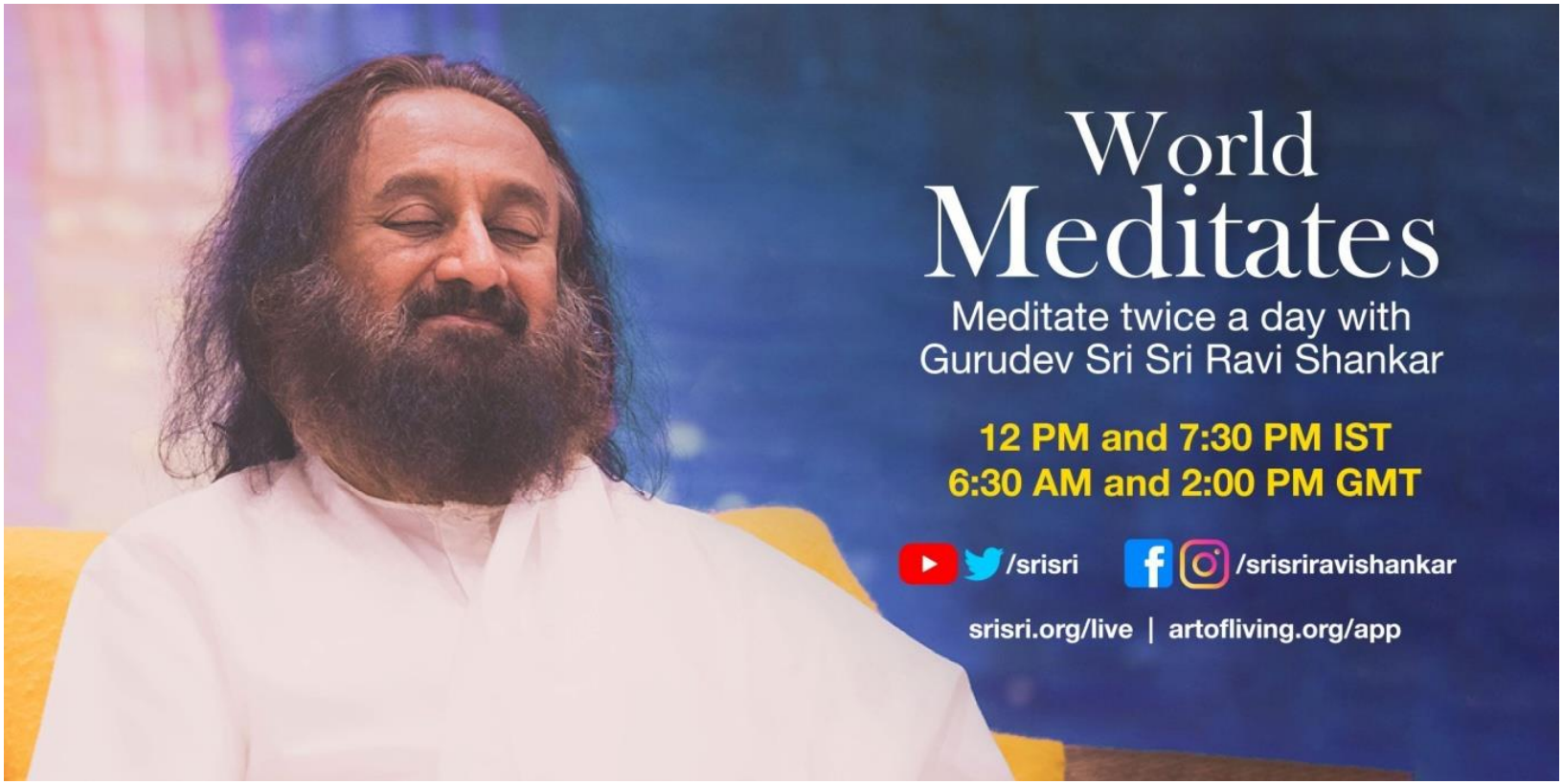
When you put on different colors, knowing they will be washed off, you play joyfully with them. Like that, know that all the emotions & events you go through in life will be washed off, you are untouched by them. Then, life is a celebration. Wish you all a very Happy Holi.

<https://twitter.com/SriSri/status/1237297221147607040>

This year Holi festival was celebrated 10 March 2020. Holi is a festival celebrated in India signifying arrival of spring and end of winter. It starts in the evening of Purnima or Full moon day in the month of Falgun. It is celebrated with the name Holika Dahan or Choti Holi on first evening of the festival and the following day is called Holi. This is also a festival of colours and people use colours to colour others showing the vibrancy of life. Gurudev was at Bangalore ashram on the occasion of Holi festival. He conveyed the deeper aspect of Holi through his tweet. At Bangalore ashram the day marked with a satsang in presence of Gurudev.

<https://www.youtube.com/watch?v=aWJ-7Bdf3zc>

<https://twitter.com/i/status/1237053259308826624>



World Meditates

Meditate twice a day with
Gurudev Sri Sri Ravi Shankar

12 PM and 7:30 PM IST
6:30 AM and 2:00 PM GMT



/srisri



/srisriravishankar

[srisri.org/live](https://www.youtube.com/srisri) | [artofliving.org/app](https://www.artofliving.org/app)

22-03-2020:

This day Gurudev began His series of guided meditations "World Meditates with Sri Sri" online everyday 12.00 pm and 7.30 pm. Everyday billions of people from across more than 142 countries were taken into deeper meditations by Gurudev. It was indeed a gift from Gurudev for the planet to uplift the energy of the planet during the COVID crisis- 2020.

Guided meditation by Gurudev on 22 March ,12 pm IST.

<https://www.youtube.com/watch?v=lgVm273Oj5M>

People across the world immersed into deep meditation, guided by Gurudev Sri Sri Ravishankar Ji on 22 March , 2020 at 7.30 pm IST

<https://www.youtube.com/watch?v=UDQg3OqCJbo>

2020-03-23: People across the world experienced a blissful meditation guided by HH Sri Sri Ravi Shankar Ji, to expand one's awareness during the stressful COVID times !

<https://www.youtube.com/watch?v=Y8hhNKZ2o7E>

2020-03-23: People across world bathed in a blissful online satsang followed a guided meditation by Gurudev !

https://www.youtube.com/watch?v=k_u24OkDOw

2020-03-24: A fountain of breath ,meditation by Gurudev this afternoon 12 pm IST.

<https://www.youtube.com/watch?v=XpjdKCbJ-4U>

2020 -03 -24: Live guided meditation by Gurudev this evening 7.30 pm :

<https://www.youtube.com/watch?v=rXCXSB195hE>

25-03-2020: It was indeed a gift of meditation from Gurudev to the globe, this afternoon 12 pm IST.

<https://www.youtube.com/watch?v=Isum95SloPE>

25-03-2020: Aligning body, breath and mind ; the dimensions of the human being people experienced deep aspects of self ,through guided meditations by Gurudev.

https://www.youtube.com/watch?v=7R-l_3xazuk

2020-03-26: Luke Coutinho, an integrative and lifestyle medicine expert had an interaction with Gurudev . Lifestyle, health and meditation was the subject of the interaction. Gurudev lead everyone to dive deep into oneself, by His guided meditation at 7.30 pm.

<https://www.pscp.tv/w/1nAJEdMvrVZGL>

2020-03-26: A guided meditation led by Gurudev Sri Sri Ravishankar ji for the whole planet to relive people from anxiety during the period of lockdown, on 26 March at 12 pm IST.

<https://www.youtube.com/watch?v=RRWuxIgWarg>

2020-03-27: Online guided meditation by Gurudev Sri Sri Ravishankar Ji at 7.30pm IST on 27 March, 2020.

<https://www.youtube.com/watch?v=32IsyAnvOjQ>

2020-03-27: Online live meditation guided by Gurudev on 27 March,2020 at 12 pm IST during lockdown period.

<https://www.pscp.tv/w/1DXxyeVLNRRxM>

28-3-2020: A powerful chakra meditation by Gurudev at 12 pm IST .

<https://www.youtube.com/watch?v=itK2DBFu6jM>

28-03-2020: One more gift of meditation by Poojya Gurudev to the globe this evening 7.30pm IST:

<https://www.youtube.com/watch?v=XFefrXdiBMU>

WORLD MEDITATES WITH GURUDEV...

2020-03-29: Live online meditation with Gurudev Sri Sri Ravishankar Ji on 29 March, 2020 12pm IST.

<https://www.pscp.tv/w/1zqKVlbyQzDJB>

2020-03-29: A live event - a dialogue with Dr. Mohandas Pai and Gurudev, followed by meditation at 7.30pm IST.

<https://www.pscp.tv/w/1OyKAYoXMAbKb>

2020-03-30: Live online meditation with Gurudev Sri Sri Ravishankar Ji, 12 pm IST during COVID -19 times.

<https://www.pscp.tv/w/1lDxLgRNqXwJm>

2020-03-30: Live online meditation with Gurudev Sri Sri Ravishankar Ji, 7.30pm IST during COVID-19 crisis.

<https://www.pscp.tv/w/1PlJQmZEOBzJE>

2020-03-31: Live meditation with Gurudev Sri Sri Ravishankar Ji during COVID Crisis, at 7 pm IST

<https://www.pscp.tv/w/1yNGaQPbvadGj>

2020-03-31: Live online meditation with Gurudev Sri Sri Ravishankar Ji, 12 pm IST, during COVID -19 crisis.

<https://www.pscp.tv/w/1BRJjQEqNpQGw>

6. How to connect to younger generation? Gurudev's talk:

https://www.youtube.com/watch?v=8_akTLcvzaE&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=15

7. How to make your family happy? Gurudev's talk:

https://www.youtube.com/watch?v=PiJL8o_RMeo&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=14

8. What do you like – old or new? Gurudev's talk:

https://www.youtube.com/watch?v=NTsDjOW9Ov4&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=13

9. Why so serious? Gurudev's talk:

https://www.youtube.com/watch?v=C5nLwfBOCQA&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=12

10. Sandwiched between kids and parents? Gurudev's talk:

https://www.youtube.com/watch?v=bbeJZVcXKy4&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=11

Gurudev's

knowledge series

for people across world to cope up with the
lockdown period

2020-03-18: Gurudev explains how to use the time of lockdown for the best. <https://www.youtube.com/watch?v=jAjOlga-kIA>

2020-03-23 :

<https://www.youtube.com/watch?v=ZivS2kXUaOo&feature=youtu.be>

Gurudev published a blog on His official website

<https://www.srisriravishankar.org/blog/post/covid-19-we-can-beat-it>

Gurudev speaks about various ways to deal with, during lockdown period. <https://www.youtube.com/watch?v=-oN3fZPR7Oo>

As people are going through lock down, Gurudev explains the importance of "Waiting period ", it is a virtue and how it can be turned into meditative experience rather than frustration.

<https://www.youtube.com/watch?v=2qkzBpupL6k>

#Open in Lockdown: A series of knowledge videos:

1. Waiting for a lockdown to end? Watch out here Gurudev talks:

https://www.youtube.com/watch?v=2qkzBpupL6k&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=20

2.If you are not bored, you are not intelligent. Gurudev's talk :

https://www.youtube.com/watch?v=ofRb_7rfCW4&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=19

3.What makes you tiered? Gurudev's talk:

https://www.youtube.com/watch?v=tcIKOUaSMA8&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=18

4. Want to put an end to argument? Gurudev's talk :

https://www.youtube.com/watch?v=298zb_1zIOW&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=17

5. Are you a good listener? Gurudev's talk :

https://www.youtube.com/watch?v=BclcF1vO4gs&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=16

11. How to make and sustain true friends? Gurudev's talk:

https://www.youtube.com/watch?v=DUEPVviYvpM&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=10

12. Want positive vibes at home ? Gurudev's talk :

https://www.youtube.com/watch?v=BfdkTpVYDwc&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=9

13. The right way to show off. Gurudev's talk:

https://www.youtube.com/watch?v=wkgghaPZPPI&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=8

14. How to control your anger. Gurudev's talk :

https://www.youtube.com/watch?v=rQJb7PoGFbE&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=7

15. How to deal with uncertainty ? Gurudev's talk :

https://www.youtube.com/watch?v=rQJb7PoGFbE&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=7

16. Logic Vs faith ! Gurudev's talk :

https://www.youtube.com/watch?v=Wqsxeii-v1o&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=5

17. Its time to explore spirituality . Gurudev's talk :

https://www.youtube.com/watch?v=cvGPwQstibA&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=4

18. Here's a winning combination for you . Gurudev's talk:

https://www.youtube.com/watch?v=Mof2KsCvtn4&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=2

19. Friends and enemies,a timeless wisdom. Gurudev's talk :

https://www.youtube.com/watch?v=MEEmN5eJt_wI&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=1

20. How to break bad habits? Gurudev's talk:

https://www.youtube.com/watch?v=LNkrFKNyCXs&list=PLH-oHZoSQ_PGmIANw1YwKz8o2CjkXjYzu&index=3

Lockdown activities

from Art of Living
International Center,
Bangalore

" 21 Happiness Hacks for 21 Days " a facebook live event by Art of Living Faculty Jaina Desai on 26 March, 2020 at 9pm onwards.

<https://www.facebook.com/TheArtOfLivingGlobal/>

" 21 Happiness Hacks for 21 days " a facebook live session with Art of Living faculty Nakul Dhawan Ji, on 27 March, 2020, 10.30 pm IST onwards.

<https://t.co/OF1Ggwb9Zk?amp=1>

" 21 Happiness Hacks for 21 Days " a facebook live event with Swami Vishwaroop at 9 pm IST on 28 March, 2020.

<https://www.facebook.com/TheArtOfLivingGlobal/>

21 Happiness Hacks for 21 days, a facebook live event with Nakul Dhawan ji on 29 th March ,2020 9pm IST onwards.

<https://t.co/OF1GgwsKQS?amp=1>

21 Happiness Hacks for 21 days, a facebook live event with Kartik Krishna, on 30 March 2020 9pm IST

<https://www.facebook.com/TheArtOfLivingGlobal/>

Happiness Hacks for 21 Days, A facebook live session with Jaina Desai on 31 March, 2020 9pm IST onwards.

<https://www.facebook.com/TheArtOfLivingGlobal/>



IN NEWS

8/3/2020: "Empowered like a woman " an article by Gurudev Sri Sri Ravishankar in "The Statesman " newspaper.

<https://www.thestatesman.com/features/empowered-like-woman-1502864032.html>

27 /3/2020:

“Bollywood Film director Rajkumar Hirani appeals the bollywood filmstars to come forward to contribute for " Stand with Daily Wage Workers ", an Art of Living initiative to help daily wage workers during COVID crisis. ”

<https://www.bhaskar.com/entertainment/bollywood/news/sri-sri-ravi-shankar-of-art-of-living-started-giving-ration-to-daily-wage-laborers-in-the-time-of-lockdown-due-to-corona-virus-outbreak-raju-hirani-requested-bollywood-to-help-127052902.html>



kapilsharma i whole heartily support this noble initiative. Happy to contribute for this humanitarian cause. While staying safe at home i urge every one else also to contribute online - www.iahv.org/in-en/donate/

#iStandWithHumanity
#ArtOfLiving
#BMC

31/3/2020:

“Art of Living and Indian Film Industry joined hands together in the COVID -19 crisis in distributing the kits containing rice, pulses ,oil, spices , salt and soaps to the poor and needy. ” A news coverage in Hindustan Times Newspaper.

<https://epaper.hindustantimes.com/Home/ShareArticle?OrgId=c8a6486e&imageview=0>

10/3/2020: Here are some of the diet and lifestyle ways to boost one's immunity power. An article by Sri Sri Tattva Pachkarma ayurveda doctors in Bangalore Mirror newspaper.

<https://bangaloremirror.indiatimes.com/news/india/tackle-coronavirus-the-ayurvedic-way/articleshow/74559191.cms>

18/3/2020: Gurudev expressed His views on social distancing on Times News news channel.

<https://www.timesnownews.com/videos/mirror-now/society/video-spiritual-guru-sri-sri-ravi-shankar-on-how-to-deal-with-social-distancing-exclusive/56033>



21/3/2020:

" Janata Curfew: Sri Sri Ravi Shankar to lead online meditation for people at home ", a news coverage about Gurudev's online meditations in International Business Times on 21 March 2020.

<https://www.ibtimes.co.in/janata-curfew-sri-sri-ravi-shankar-lead-online-meditation-people-home-815650>

IAHV work for COVID crisis



iahv.org | #iStandWithHumanity



STAND WITH DAILY WAGE EARNERS

In this crucial time of the Corona Pandemic let us stand with our Daily Wage Earners who are the worst affected.



Support a family with 10 days of essential food supplies.
Sponsor a bag of ration @ ₹ 1000/-

An initiative of
The Art of Living and
The Indian Film and Television Industry.
#iStandWithHumanity

ദിവസവേതന തൊഴിലാളികൾക്കൊപ്പം
#മാനുഷികതയ്ക്കൊപ്പം



For more details: www.iahv.org | +91 98202 98322 OR +91 99865 56133

supported by: #ChangeWithin

Gurudev Sri Sri Ravi Shankar Ji flagged off an initiative called "I Stand with Humanity" in support of daily wage earners at Bangalore ashram .

2020-03-31: Prime Minister Narendra Modi Ji addressed social organizations across India, including Art of Living to help poor and needy during COVID crisis.

<https://www.newindianexpress.com/nation/2020/mar/31/pm-urges-social-organisations-to-help-the-needy-2123731.html>

2020-03-31: 500 ration kits were distributed by our teachers and volunteers at Nadiad, Gujarat.



2020-03-20: Gurudev tweeted to propel people to take pay cut and form endowments together to take care of daily wage workers.

<https://twitter.com/SriSri/status/1240919237666811904>

2020-03-25: Gurudev welcomed the decision of Central Government of India for 21 days of lockdown across India and advised people across country to follow the lockdown religiously.

<https://twitter.com/SriSri/status/1242678760308117504>

2020-03-26: Gurudev appreciated the people of bollywood for their contribution for an initiative " Stand With Daily Wage Earners" during COVID crisis.

<https://twitter.com/SriSri/status/1243158234816548865>

2020-03-26: Gurudev appreciated bollywood director Rajkumar Hirani and Mahaveer Jain for bollywood's big heart that came forward for humanity.

<https://twitter.com/SriSri/status/1243149203448254465>

28/3/ 2020: IAHV work in Mumbai for daily wage workers during COVID crisis.

<https://twitter.com/ArtofLiving/status/1243810945329065984>

2020-03-31: IAHV along with CRISIL Foundation provided food to 4000 people in Dharavi, Mumbai everyday during lockdown.



2020-03-31: Our volunteers distributed food material to 15000 people in Delhi during COVID crisis.



2020-03-31: Food supplied in Indore city, Madhya Pradesh to around 500 people by IAHV to Municipal Corporation of Indore, which increased to 3000 people daily.



2020-03-31: IAHV distributed food material to daily wage earners in Mohali, Nawan Shahr, Nangal, Bathinda, Moga, Ferozpur, Ludhiana, Faridkot, Muktasar, Zira, Jagraon, Rajpura, Barnala, Kapurthala, in collaboration with Punjab District Administration.





The jackfruit is a multiple fruit composed of hundreds to thousands of individual flowers which somewhere reminds us of the non-dual aspect of our consciousness!

PICTURE OF THE MONTH



THE 'ONE ACRE, ONE MILLIONAIRE' CONCEPT



Deforestation, water intensive crops, chemical farming, indiscriminate digging of wells and no provision for rain water harvestation left farmers penniless. Over 52 % of agricultural households are in debt, according to NSSA survey 2015-16. Consecutive draughts have led to further increase in agricultural debts. But Falgun Prakash Biradar and Dhanaji More, farmers from Deoni taluka, Maharashtra are very happy men today. Last year they did not have water in their borewells. They not only worked with the volunteers of Art of Living for rejuvenating water bodies in their village but also got trained by them for natural farming practices. Now they can boast of an unlimited supply of water, the entire day. The village in which farmers were not able to farm second crop (Rabbi), there farmers are able to take rabbi crops. Along with water conservation methods, IAHV has taught them a model of "Agro- Forestry" ie the concept of "One Acre One Millionaire" to implement in Latur District.

"The land used to be waste since the ancestral times ie since 140 yrs because of water runoffs in the fields. The crops never used to grow due to water stagnations on the land" expresses the farmer Dhanaji More from Deoni Taluka. He added further telling how the water conservation methods have affected the fields "Now from couple of months, we are getting a regular supply of water to our fields. I was never able to grow a second crop. This year I have earned a profit of Rs. 25,000. And our cattle will get good fodder throughout the year."

Falgun Prakash Biradar another farmer expressed through the Art of Living's project of deepening the canals and water bodies the problem of water shortage is has been solved. Previous year they could fetch water from borewell only for 15-20 mins, now they get water for whole day. Now he has started plantation of custard apple, sandalwood and drumstick . He has planted 400 trees in one acre. The sandalwood tree will be ready for sale in next 10-15 yrs. He can retire after that and have an income of 40-50 lakh rupees out of them. This team of farmers is making such water recharge pits in the fields, so that not a single drop of water is wasted from the fields.

<https://www.youtube.com/watch?v=7bxmDDDxy9w>

DID YOU KNOW



2020-03-22: It was a " World Water Day ". As its the month of March and summer is approaching, lets save the water. Here are some of the ways to conserve the water.



Your body will thank you for providing it with this super healthy drink: the herbal tea. Serve a daily hot dose of immunity booster and stress reliever to your loved ones, especially now that we are in coronavirus quarantine.

<https://twitter.com/ArtofLiving/status/1242793830300053506>



2020-03-05:

It was the day when Gurudev gave Sudarshan Kriya to the world.

2020-03-09:

Sejal Shah, Sri Sri Yoga teacher gives tips to increase the immunity during the corona epidemic period though blog.

https://www.artofliving.org/in-en/coronavirus-panic-these-6-tips-can-help-you-regain-your-calm?utm_source=twitter&utm_medium=social&utm_campaign=coronavirus&utm_content=march2020_D27W04

2020-03-11:

The Art of Living mobile app hosted a live webcast of the satsang with Gurudev at , 7pm IST

2020-03-12:

It's been 4 years since the World Culture Festival started on this day. Over 3.5 million people from 135 countries across world, gathered together on the banks of holy Yamuna to spread the message of " Vasudhaiva Kutumbakam " ie " One World Family ". It was one of the largest gathering in the world.

<https://www.youtube.com/watch?v=kg49vKk6lvU>

2020-03-16:

Preventive measures against COVID pandemic, an article by our ayurved and yoga experts.

https://www.artofliving.org/in-en/ayurveda/coronavirus-prevention?utm_source=twitter&utm_medium=social&utm_campaign=coronavirus&utm_content=march2020_D16W03

2020-03-16:

Different recepies to prepare the hand sanitizer at home by Elizabeth Herman ,a volunteer for better world.

https://www.artofliving.org/in-en/3-different-recipes-for-making-your-own-hand-sanitizer-at-home?utm_source=twitter&utm_medium=social&utm_campaign=coronavirus&utm_content=march2020_D31W05

2020-03-20:

Friday, 20 March is International Happiness Day . Gurudev is working tirelessly for His mission to bring smile on every face on this planet. Check out for Gurudev's tweet for International Happiness Day .

<https://twitter.com/SriSri/status/1240977435195252737>

2020-03-26: BMC – Brihan Mumbai Municipal Corporation JITO - Jain International Trade Organisation Avanee Foundation LIC - Life Insurance Corporation Radiant World & BJS - Bharatiya Jain Sanghatana were the sponsors for an initiative " Stand with Daily wage Earners "

2020-03-27: Spiritual head of Brahma Kumaris Dadi Janki passed away on 27 March 2020, at the age of 104 yrs. Gurudev's tweeted on this incidence.

<https://twitter.com/SriSri/status/1243509269812711426>



2020-03-28: Shiva Rajkumar, an Indian actor who appears in kannada films expressed his views about Art of Living's initiative " Stand with daily wage workers "

<https://twitter.com/NimmaShivanna/status/1243903241651277824>

2020-03-24: It was a honour for our agriculture department that after many success stories in natural farming project, Art of Living Agriculture Trust has been asked to convert 560 hectares of land from chemical farming to natural farming by the Govt. of Pondicherry.



2020-03-25: On 25 March Art of living dispatched 12 truckloads of 108 tons of relief food material to be donated for daily wage workers across 4 states in India.

<https://twitter.com/SriSri/status/1242844930185277445>

2020-03-25: Gurudev advised people to listen to Devi Kavacham during this COVID Crisis, which is a shield of mantras to protect one's body and mind . Gurudev's tweet for this.

<https://twitter.com/SriSri/status/1242707195772444674>

2020-03-26: Film producer Rohit Shetty urges people to support an initiative " Stand with daily wage workers " for helping daily wage worker during COVID crisis.

<http://bollywoodhelpline.com/news-gossips/filmy-buzz/rohit-shetty-urge-people-to-support-i-stand-with-humanity/53261>

2020-03-26: Sanjay Dutt, Bhumi Pednekar ,Kiara Advani contributed to the initiative " StandWithHumanity " to help out daily wage workers during lockdown period

<https://dj4u.mr-jatt-dj.com/sanjay-dutt-bhumi-pednekar-kiara-advani-among-others-contribute-to-istandwithhumanity-initiative-for-daily-wage-workers/>

CALENDAR



OF THE MONTH

ENGLISH CALENDAR

2 April : World Autism
Awareness Day
7 April : World Health Day
10 April : Good Friday
12 April : Easter Day
18 April : World Heritage Day
22 April : International Earth
Day

INDIAN CALENDAR

2 April : Ram Navami
6 April : Mahaveer Jayanti
8 April : Hanuman Jayanti
13 April : Mesha Sankranti,
Baisakhi, Bengali New Year
14 April : Ambedkar Jayanti ,
Tamil New Year
18 April : Vallabhacharya
Jayanti
25 April : Parshurama
Jayanti
26 April : Akshay Tritiya
28 April : Adi
Shankaracharya Jayanti ,
Surdas Jayanti , Ramanuja
Jayanti, Skanda Shashti

“ Our foremost commitment in life is to
be with & evolve in the Truth.”

- Gurudev Sri Sri Ravi Shankar

**ASHRAM
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